

HER SECRET WEALTH

The Abundance Starter Kit

*7 AI prompts that rewire your money mindset
and map your first AI income stream.*

A FREE GIFT

7 AI prompts that rewire your money mindset and map your first AI income stream.

How to use this kit

- Do **one prompt per day**, 10 minutes. Paste it into ChatGPT, Claude, or any AI chat tool.
 - Replace the [bracketed parts] with your own details. The more honest you are, the better it works.
 - Prompts 1 to 3 rewire the mindset. Prompts 4 to 7 build the income. Do them in order.
 - Save every answer somewhere you will reread. This becomes your personal wealth playbook.
-

Prompt 1 - The Money Story Audit

Why this works

You cannot change a belief you cannot see. Most money blocks were installed before you turned ten, by people who loved you but feared money themselves. This audit drags them into daylight.

Copy, paste, and run

Act as a money mindset coach with 20 years of experience. I want to uncover my hidden beliefs about wealth. Ask me 5 deep questions, ONE at a time. Wait for my answer before asking the next question. After all 5, summarize the 3 limiting money beliefs you see in my answers, in plain language, no sugarcoating.

Make it yours

- Answer with the first truth that comes up, not the polished one.
 - Write down the 3 beliefs it finds. You will dismantle the biggest one in Prompt 2.
-

Prompt 2 - The Abundance Reframe

Why this works

A limiting belief is just a thought you have repeated until it felt like fact. Repeating a better thought, paired with one tiny proof action, is how you install a new one.

Copy, paste, and run

Here is my limiting money belief: "[paste the belief from Prompt 1]". Do three things. 1) In 3 sentences, explain where a belief like this usually comes from. 2) Write me a powerful 2-sentence reframe I can repeat every morning. 3) Give me one tiny 2-minute action I can take today that proves the reframe true.

Make it yours

- Say the reframe out loud every morning for 7 days. Out loud matters.
 - Do the 2-minute action today, not tomorrow. Proof beats affirmation.
-

Prompt 3 - The 90-Day Wealth Vision

Why this works

Your brain moves toward vivid pictures, not vague wishes. "I want abundance" changes nothing. A detailed scene of your Tuesday morning 90 days from now gives your daily choices a target.

Copy, paste, and run

Guide me through building a vivid 90-day wealth vision. Ask me about four things, one at a time: my ideal morning, my income streams, how I spend my time, and how I feel day to day. Then write it back to me as a 200-word present-tense visualization script I can read every morning.

Make it yours

- Read the script every morning for a week before you check your phone.
 - Notice which part gives you goosebumps. That is the part to move toward first.
-

Prompt 4 - The Skill Inventory

Why this works

You are sitting on sellable skills you have stopped noticing because they feel easy to you. Easy to you means valuable to someone else. This turns your history into inventory.

Copy, paste, and run

Here is my background: [describe your jobs, skills, hobbies, and the things people always ask you for help with]. Based on this, list 5 digital products I could realistically create in the next 30 days. Rank them by speed to first sale. For each one, tell me: who buys it, what it should cost (between \$27 and \$97), and the very first step to build it.

Make it yours

- Circle the one ranked first. That is your starting product.
 - Do not build all five. Speed to first sale beats perfect catalog.
-

Prompt 5 - The Niche Finder

Why this works

Products do not sell because they are good. They sell because the right person feels seen. This matches your story to women who are already spending money on the problem you solve.

Copy, paste, and run

Act as a market researcher. My story: [1 to 2 sentences about your journey]. My skills: [list from Prompt 4]. Identify 3 specific audiences of women who are actively spending money to solve problems I can help with. For each audience, tell me: the painful problem they feel daily, where they hang out online, and the exact outcome they would pay for.

Make it yours

- Pick ONE audience. Write their painful problem on a sticky note where you will see it daily.
 - Every piece of content you make now speaks to her.
-

Prompt 6 - The Content Multiplier

Why this works

Consistency beats genius. One strong idea, multiplied across a week of formats, looks like a content machine. This is the exact system behind the Her Secret Wealth page.

Copy, paste, and run

Here is my core idea: [paste one belief, lesson, or story]. Turn it into 7 days of Facebook content: 2 short Reels with hooks, 2 text or image posts with full captions, 1 personal story post, 1 interactive question post, and 1 post that asks readers to DM me a keyword. Write every hook and caption in a warm, honest, first-person voice. No hype, no guru talk.

Make it yours

- Post all 7. Watch which format gets the most DMs, not likes. DMs are the signal.
 - Double down on the winning format next week.
-

Prompt 7 - The First \$1K Map

Why this works

Motivation fades. A dated plan with weekly tasks does not need motivation. This turns everything above into a 30-day march with a number at the end.

Copy, paste, and run

My goal is to earn my first \$1,000 online in 30 days. My skills: [from Prompt 4]. My chosen audience: [from Prompt 5]. My available time: [hours per week]. Build me a week-by-week 30-day action plan with 3 specific tasks per week, the numbers I should track each week, and exactly what to do if week 2 sales are zero. Be realistic and specific, not motivational.

Make it yours

- Put the 12 tasks in your calendar right now, with dates.
 - Week 2 at zero is normal. The plan tells you what to adjust. Follow it.
-

Your next 7 days

- **Day 1:** Run Prompt 1. Meet your money story.
 - **Day 2:** Run Prompt 2. Install the reframe.
 - **Day 3:** Run Prompt 3. See the target.
 - **Day 4:** Run Prompt 4. Take inventory.
 - **Day 5:** Run Prompt 5. Choose your person.
 - **Day 6:** Run Prompt 6. Publish the week.
-

- **Day 7:** Run Prompt 7. Map the \$1K.

What comes next

You just did the inner work most people skip and the outer work most people postpone. That puts you ahead of nearly everyone who read the same books you did.

I am documenting my own journey through these exact prompts at hersecretwealth.com, and a private community is coming soon. Get on the waitlist there, because founding members will help design it and get in first.

Manifest it. Automate it. Bank it.